

# APOLLO Newsletter

NEWS & UPDATES

Issue Year - 2021 | Issue Month - July / August | Issue Number - 20

## important NOTICES

### DEAR PARENTS,

During these difficult times, it is very necessary that you teach your child to be strong. You have to teach them to face whatever things that may come their way. You can teach them that they won't always get the things they want. Life is difficult and different from what you expect it to be. So, be a Role Model. If you also break down and be sad and try to retaliate against the things which are out of control and are happening around you, then life is going to be very difficult. I am not saying not to fight for what is right and wrong. I am saying during times such as these, even if something which should not happen is happening you have to face it.

Be STRONG, Be a ROLE MODEL, LIFE is SHORT, Take ONE day at a time, ENJOY it while you can.

from Dr. (Mrs.) Kumari Grero - Director



### DEAR CHILDREN,

Today my topic to you is about not hurting others. Sometimes we say and do things knowingly to others to hurt them. Sometimes we don't mean to hurt them, but without thinking we say and do things that hurt them. So we must always be careful. The easiest way to find out if you are hurting another person is to put yourself in their shoes. This does not mean that you wear their shoes, but you think you are. Then you feel how the other person feels. There is a word for this. It is called Empathy. So always remember, do not hurt another person physically or mentally. Then you can always be happy.

With love from your Director - Dr. (Mrs.) Kumari Grero



### REMINDER

- ★ School will be re-opened for students on Friday, 06th September, 2021.
- ★ School will be re-opened for teachers on Thursday, 02nd September, 2021.



### ORIENTATION DAY 2020 / 2021

The Orientation Day for the Academic Year 2020/2021 will be held on **Thursday, 02<sup>nd</sup> & Friday, 03<sup>rd</sup> September, 2021 from 8.30 a.m. to 12.30 p.m.** All items in the book list and 4 stamp sized photographs (recently taken) should be brought.

### GRADE 6 BOYS - LONG TROUSERS

Present Grade 5 students (boys), please note that it is compulsory that you wear long trousers in Grade 6 from September, 2021.

### BOOKS AND STATIONERY FOR - 2021/2022

All books and other materials for the Academic Year 2021/2022 will be issued on the 20<sup>th</sup> and 21<sup>st</sup> of August, 2021 from 9.00 a.m. to 5.00 p.m. at school premises. Please bring your child's SRB with you. Kindly ensure that you come on the dates given to purchase books as they will be sold ONLY on those days by the staff of Lyceum International Nugegoda.

### STUDENT CLEARANCE

Please note that students who wish to get the Leaving Certificates from school should submit a full term's notice of withdrawal in writing to the Registrar. In default of such notice, the parent will be liable for payment of the next term fee.

Please note that awards, certificates, leaving certificates which are not collected, will be kept on, for one year after a student has left the school. Such documents will be destroyed after one year. In addition, leaving certificates will not be issued after one year of leaving school.

## ONLINE BEST SPEAKERS' CONTEST - 2021

The Best Speakers' Contest for the Year 2021 was held on 04<sup>th</sup> July, 2021. We teach the subject called Effective Speech to our students to enhance their communication skills which are essential for their all round development.

*The winners are as follows:*

### Grade 1

- 1<sup>st</sup> - Amandhi Sembaperuma
- 2<sup>nd</sup> - Talisha Kodithuwakku
- 3<sup>rd</sup> - Lithuli Abeysinghe

### Grade 2

- 1<sup>st</sup> - Gayuth Lekamwasam
- 2<sup>nd</sup> - Vihan Rathnayake
- 3<sup>rd</sup> - Nawam Chandrathilaka

### Grade 3

- 1<sup>st</sup> - Anubha Seneviratne
- 2<sup>nd</sup> - Bihandu Rajapaksha
- 3<sup>rd</sup> - Imeth Seneviratne

### Grade 4 & 5

- 1<sup>st</sup> - Osaigbovo Ehi
- 2<sup>nd</sup> - Dulin Thammitage
- 3<sup>rd</sup> - Umalya Pathirana
- 3<sup>rd</sup> - Yunal Jayasundara

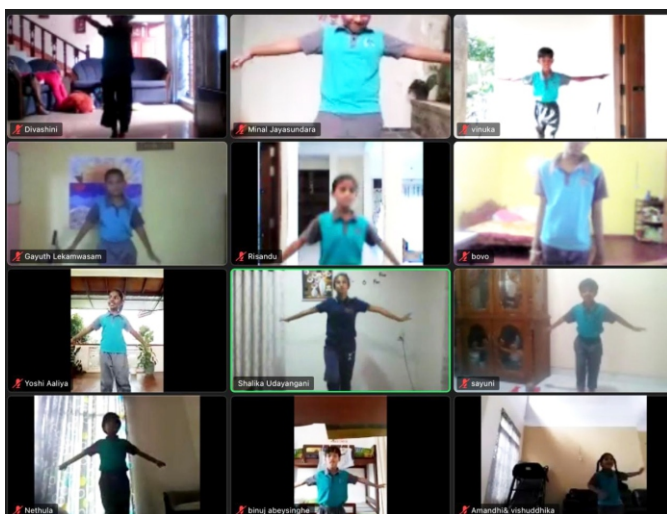
## POSON CELEBRATIONS

The students of Apollo International School had their Virtual Poson Celebrations on 24<sup>th</sup> June, 2021. They took part in a creative Virtual Mihindu Perahera. They also engaged in activities such as narrations, 'Mihindu Wandanawa' and singing Poson Virindu.



## 'STAY FIT' - VIRTUAL SPORTS CAMP

The students of the Primary Section took part in a Virtual Sports Camp on 27<sup>th</sup> June, 2021 from 9.00 a.m. onwards. This was a pilot programme implemented to make our students' fitness improved and to allow them to do a variety of activities including some sports such as Netball, Cricket and Volleyball, Yoga, Zumba and other exciting events during their stay at home. We shall be continuing these sports workshops in the future as well.



## Congratulations

# Winners of the English Best Speakers' Contest - 2021

Grade 1 Category			
1 <sup>st</sup> Place Amandhi Sembaperuma	2 <sup>nd</sup> Place Talisha Kodithuwakku	3 <sup>rd</sup> Place Lithuli Abeysinghe	
Grade 2 Category			
1 <sup>st</sup> Place Gayuth Lekamwasam	2 <sup>nd</sup> Place Vihan Rathnayake	3 <sup>rd</sup> Place Nawam Chandrathilaka	
Grade 3 Category			
1 <sup>st</sup> Place Anubha Seneviratne	2 <sup>nd</sup> Place Bihandu Rajapaksha	3 <sup>rd</sup> Place Imeth Seneviratne	
Grade 4 and 5 Category			
1 <sup>st</sup> Place Osaigbovo Ehi	2 <sup>nd</sup> Place Dulin Thammitage	3 <sup>rd</sup> Place Umalya Pathirana	3 <sup>rd</sup> Place Yunal Jayasundara

## UPCOMING EVENTS MONTH OF AUGUST & SEPTEMBER - 2021

06 <sup>th</sup> Aug.	Term-end
09 <sup>th</sup> - 13 <sup>th</sup> Aug.	Sports Camp
14 <sup>th</sup> Aug.	'Virtual Wonderland' - Year-end Concert
02 <sup>nd</sup> Sep.	Orientation Day - 1
03 <sup>rd</sup> Sep.	Orientation Day - 2
06 <sup>th</sup> Sep.	Beginning of the New Academic Year
10 <sup>th</sup> Sep.	Anniversary Celebrations

## VIRTUAL ART AND CRAFT EXHIBITION

The students of Apollo International School, Kandy had their Art and Craft Exhibition from 12<sup>th</sup> to 19<sup>th</sup> July, 2021. A big thank you goes out to all the parents for the great support given to make this event an immense success.

*The themes of their creations were as follows:*

Upper Nursery - My Little World / Pre Gr. - A - Wonders of Animal Planet / Pre Gr. - B - Aloha Hawaii / Gr. 1 - Voice of Nature / Gr. 2 - Dive in Deep / Gr. 3 - Once Upon a Tale / Gr. 4 - All Hallows' Eve / Gr. 5 - The Secret of Colours







# SCHOOL EVENTS

## VIRTUAL SPORTS CAMP - AUGUST

There will be a Virtual Sports Camp from 09<sup>th</sup> to 13<sup>th</sup> August, 2021 from 8.00 a.m. to 11.15 a.m. This programme will be conducted on MS Teams by the Sports and Physical Education Department of Lyceum International School, Gampaha. Those who participate on all 5 days of the camp will be awarded certificates of participation.

**Day 1: Soccer / Day 2: Badminton / Day 3: Netball, Basketball / Day 4: Athletics, DIY Activities / Day 5: Fitness, Aerobics**

The links for different age categories will be shared on the class chat groups.

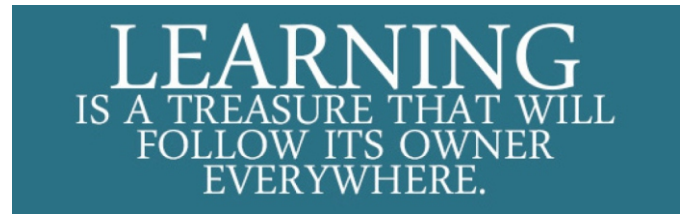
## VIRTUAL WONDERLAND

### YEAR-END CONCERT - 2020/2021

Date : Saturday, 14<sup>th</sup> August, 2021

Time : 7.00 p.m. onwards

Premiering on our YouTube Channel, Apollo International Schools, Sri Lanka



## important NOTICES



### HOW FAR DO WE GUIDE OR PUSH?

- My parents guided me when I was doing my O/Ls & A/Ls, but they never told me what subjects to choose.
- When it came to my higher studies, they funded my education, but never told me the line of study of their choice.
- As I was starting my career, my parents gave the blessing for my choice. Each time I changed jobs my parents wished me and did not question me.
- As I was choosing my life partner, my parents did not tell me whom to choose or not. They only wished the best for me.
- In today's society, including me, do we GUIDE or PUSH our children?
- When the children reach our age what would they say? Did they live their life or did they live our dreams through their life? Think about this. Have a blessed day.

What you should know about **DISCIPLINING YOUR CHILD**

**What is DISCIPLINE ?**  
Discipline means **TEACHING and TRAINING.**

**WHY is discipline IMPORTANT ?**  
Because it's the key to the way your child will behave!

**THE GOALS OF GOOD DISCIPLINE:**

- TO ENCOURAGE appropriate behaviour
- TO HELP PREVENT PROBLEMS from arising as the child grows older
- TO INSTILL a lifelong sense of self-discipline.

**It's part of your job as a parent.**

**TODAY**  
Appropriate and consistent discipline can make life smoother and more pleasant for you, your child and everyone in the family.

**....and TOMORROW**  
The way discipline is handled in your family will help shape the kind of adult your child will become.

**Discipline is an ONGOING PROCESS.**

- \* IT BEGINS EARLY in the child's life.
- \* IT INVOLVES CHANGES as the child matures.
- \* IT CONTINUES until the child is an adult, and then goes on as self-discipline.

## ANNIVERSARY DAY CELEBRATIONS

Our **3<sup>rd</sup> Anniversary Celebrations** will be held on **10<sup>th</sup> September, 2021.**

Therefore, we request all children to take part in making a creative video clip on 'My School'. The video clips should be sent to the present class teachers on or before the 5th of September. The video clip may contain an art / a craft / a speech / a poem or any other creation about the school. It should not exceed 1.5 minutes. The best clips would be chosen for the School's final presentation of 3<sup>rd</sup> Anniversary Celebrations.



## REFUNDABLE DEPOSIT RECEIPT

Please see that you keep this receipt with you. If you do not produce the original receipt, Apollo International School will not be able to refund this payment.